



SUNSET ELEMENTARY SCHOOL

RECESS POLICY



In accordance with Miami-Dade County Public Schools, in addressing the importance of physical activity in the academic process, Sunset Elementary will implement recess to ensure that all children receive the updated requirements as per House Bill 7069. Recess is required in Kindergarten through Grade 5, and students will be provided 100 minutes of supervised, safe, and unstructured recess per week. At Sunset Elementary, recess is scheduled for 20 consecutive minutes per day.

Recess serves as a necessary break from the rigors of concentrated, academic challenges in the classroom. Equally important is the fact that safe and well-supervised recess offers cognitive, social, emotional and physical benefits. Recess is not part of the school's Physical Education program. It is conducted indoors or outdoors depending on the availability of space.

Due to large enrollment numbers at Sunset Elementary, to include approximately ten classes per grade level, and limited, available green spaces, there is a rotating recess schedule for each grade level. The rotating schedules allow for all students to participate in daily recess and to be exposed weekly to both outdoor and indoor spaces.

Recess areas at Sunset Elementary include the Gazebo area, the Center Courtyard, the Primary Courtyard, the paved area by the Old Schoolhouse, the Primary Playground, and classrooms. When in the classrooms, students are also exposed to technology-assisted, movement resources.